

Hit the Road Jack

Level: easy-intermediate

Time: 3:13

Artist: Hermes House Band, "Après Ski Hits 2005" EMI 24356 07972

Choreo: Sandra Pohlmann, Allerstr. 11, 28876 Oyten, Tel. 04207/909472, e-mail: spohlmann2512@aol.com

Taught on: Spring Jamboree 2005, Mainz

Wait 16 beats

Sequence: A B A* Break B Bridge I A* C Bridge II B A* A End

Part A:

Rocking Chair DS BR/H DS RS
 l r l r lr

Jazz Toe/Heel Toe HL Toe HL(xif) Toe HL(xib) Toe HL (ots) (shake hands in the air)
 l l r r l l r r
 & 1 & 2 & 3 & 4

Rocking Chair DS BR/H DS RS
 l r l r lr

Heel Walk DS DS H* H* RS * Heel takes weight
 l r l r lr
 &1 &2 & 3 &4

Part A*:

Same as Part A, but turn 2nd Rocking chair ½ l
and repeat all

Part B:

2 Drag Step DS DR S
 l,l l l r
 &1 & 2

Jacky Kick DS RS KK Up/H KK Up/H
 l r l r r l r r l
 &1 &2 & 3 & 4

repeat all above, opposite footwork

Break:

Fancy Double DS DS RS RS
 l r lr lr

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Bridge I:

On beat 1, 2: do 2 Steps(l,r)

On beat 3, 4 : Stop! (right hand in front, palm to the audience)

On beat 5, 6 : Pull! (make fists, pull left elbow to the left on 5, right elbow to the right on 6)

On beat 7, 8 : both arms out to the side slowly, palms up

On beat 1, 2 : left arm in front (like "Stop") on 1, right on 2

On beat 3, 4: both arms up to a "V-Position" on 3 and hold on 4

Then add

Fancy Double DS DS RS RS
 l r lr lr

Part C:

Push off DS RS RS RS [to the side]
 l rl rl rl

Push turn DS RS RS RS (turn ½ r)
 r lr lr lr

Triple Kick DS DS DS KK up/HL
 l r l r r l

Push back DS RS RS RS [moving backwards]
 r lr lr lr

repeat all above

Bridge II:

2 Turkey Pause H Flap S(xib) DS RS
 l+r l l r l rl
 & 1 & 2 &3 &4

Ending:

2 Push off DS RS RS RS [to the side]
 l+r l rl rl rl

Fancy Double DS DS RS RS
 l r lr lr

2 Basic Kick DS KK Up/HL
 l r r l

and Stomp left, hands on hips